



## *Tegra Little* *Bio*

### “SERVING A CAUSE GREATER THAN **MYSELF**”

Born, raised and educated in Los Angeles (B.A. Sociology, USC), Tegra left a successful twelve year career as a respected music business executive to devote her energies to motherhood. Never in her wildest dreams did she imagine the journey to having children would be filled with ups and downs. After struggling with eight years of infertility – multiple miscarriages, cancer, and gestational surrogacy, God opened the heart of Tegra and her husband to adoption. In 2015, they were finally blessed with a 15-month old son from Ethiopia. She considers it a privilege and an honor to pour her spiritual DNA into the life of the child God has ordained for her as a mom.

Her cancer challenge led her to an even higher calling. She formed her own company to promote the healing benefits of wholesome, living foods that come straight from nature. God strategically led her into ministry as a lay counselor...she enjoys discipling women and is the Founder | Director of No Longer Bound, an abortion | miscarriage recovery ministry for women and men who have been suffering in silence with the pain, guilt, and shame of a past abortion and/or miscarriage. Her own personal story of abortion led her to be used as a vessel to heal others who are broken in this area. She enjoys traveling internationally, commercial acting, missionary work with YWAM-Ethiopia, and volunteering her time to worthy causes. Tegra is married to Marc Little, an attorney.