

Ideas / Suggestions for Church Pro-Life Activities

Church: _____					Date: _____
	Pro-Life Activities	Crawlers (at least one activity)	Walkers (at least 2 crawler activities & 2 Walker activities)	Runners (at least 3 Crawler activities, 3 Walker activities and 3 Runner activities)	Comments and Goals
1	PRAYER: Add a Pro-Life prayer in the Prayers of the Faithful at each Mass. Priestsforlife.org/liturgy/archive.htm	*			
2	HEALING: Include post-abortion healing information in the bulletin, Church entrance and Parish Office.	*			
3	COMPASSIONATE ASSISTANCE: Include information for Pregnancy Resources in bulletin, Church entrance, and Parish Office.	*			
4	Celebrate life and family by providing Pro-Life Prayer card and blessings for pregnant mothers and families, roses on Mother's and prayer cards on Father's Day, emphasizing the role men and fathers have in building a Culture of Life.	*			
5	Promote Spiritual Adoption program. archbalt.org/family-life/respect-life/spiritual-adoption/resources-for-spiritual-adoption.cfm		*		
6	Collect baby items to support Pro- Life Clinics and Resource centers.		*		
7	Have a Pro-Life prayer group commit to pray for life within the Church		*		
8	Start a Respect Life Ministry to coordinate and support Pro- Life activities in the Church.		*		
9	Participate in fundraiser to support Pro Life Clinics & Pregnancy Resource centers.		*		
10	Have a blessing for Children in the Womb usccb.org/about/pro-life-activities/prayers/pro-life-blessings.cfm		*		
11	Plan for Sanctity of Life Sunday, including Pro-Life Homily.			*	
12	Educate parish regarding Fetal development and painful impact of abortion on women.			*	
13	Pray outside an abortion business at least once.			*	

14	Participate in 40 Days for Life vigil.			*	
15	Encourage Adoption and Foster-to-Adopt amongst Church families.			*	
16	Promote Chastity, Theology of the Body, and Natural Family Planning.			*	
17	Offer Diocesan Mother-Daughter and Father-Son programs.			*	
18	Make sure Church schools and catechetical programs have a Respect Life component.			*	
19	Provide Silent No More speaking opportunities.			*	
20	Start church based Pro-Life mentoring and support for women/men/families, such as the Gabriel Project.			*	
21	Provide guidelines for Pro Life voting.			*	
22	Have a Respect Life multimedia library (movies, CDs, books)			*	
23	Involve your Knights of Columbus, Confirmation Class, Youth Group, Legion of Mary, Catechetical students, etc to help build a Culture of Life in our community			*	
25					
26					
27					
	Total Activities for this year: How many boxes are checked in each category?				